Net Worth Worksheet

Your net worth is a useful way to get a picture of your finances. Tracking your net worth over time can help you build your wealth, by accumulating assets and keeping your debt to a level that you are able to manage.

To calulate your net worth, first add up all of your assets–i.e. the value things you own that have value, such as a home, a car, stocks/bonds, or other items of value. Second, add up your liabilities--i.e. the balances of the debts you owe.

Assets

Description	Value
Total:	

Liabilities

Description	Value
Total:	

Finally, subtract the total amount of your liabilities from the total amount of your assets to find your current net worth.

Net Worth: