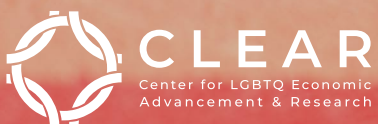




MONTHLY
INCOME &
SPENDING
PLAN



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MONTHLY HOUSEHOLD INCOME

Use this worksheet to calculate how much income you earn in one month, from every source of income that you have. If you have other individuals in your household—e.g. spouses, children, parents, or chosen family—with whom you share your expenses and plan your monthly spending with, include those economic partners as well.

	You	+	Partner 1	+	Partner 2	=	Total
Job 1		+		+		=	
Job 2		+		+		=	
Other Monthly Income		+		+		=	
Bonuses		+		+		=	
Commissions		+		+		=	
Tips		+		+		=	
Dividends or Interest		+		+		=	
Rent or license payments		+		+		=	
Royalties		+		+		=	
Note or trust payments		+		+		=	
Alimony or Child Support		+		+		=	
Pension or Retirement Pay		+		+		=	
Social Security		+		+		=	
Disability Pay		+		+		=	
Unemployment Insurance		+		+		=	
Public Assistance		+		+		=	
Help from relatives or friends		+		+		=	
Other		+		+		=	
Total Income		+		+		=	



MONTHLY HOUSEHOLD SPENDING PLAN

Use this worksheet to write down how much money your household spends in these categories in one month.

Tips:

- Next, track your expenses throughout the month and write down how much you actually spent.
- Use your actual spending to plan your spending next month—look at where you over/underspent your planned amount, and move your money to where it needs to go.

Home	Planned	Actual
Rent/Mortgage		
Property Tax		
Insurance		
HOA Dues		
Telephone		
Internet		
Gas & Electric		
Water & Sewer		
Cable		
Garbage & Recycling		
Household Supplies		
Housewares		
Furniture & Appliances		
Cleaning		
Yard & Pool Care		
Repairs & Maintenance		
Total:		

Food	Planned	Actual
Groceries		
Breakfast & Lunch out		
Dinner Out		
Coffee/Drinks		
Snacks		
Total:		

Dependents	Planned	Actual
Child Care		
Clothing		
Allowance		
School Expenses		
Toys & Entertainment		
Total:		

Healthcare	Planned	Actual
Insurance		
Medications		
Vitamins		
Doctor		
Dentist		
Eye care		
Therapy		
Total:		

Transportation	Planned	Actual
Car Payments		
Insurance		
Registration		
Gas		
Maintenance & Repairs		
Parking		
Tolls		
Public Transit		
Parking Tickets		
Road Service		
Total:		

Toiletries	Planned	Actual
Toiletries & Cosmetics		
Haircuts		
Massage		
Gym Membership		
Total:		



Savings & Investment

	Planned	Actual
Total:		

Clothing

	Planned	Actual
Clothes, shoes, accessories		
Laundry, dry cleaning		
Mending		
Total:		

Education

	Planned	Actual
Tuition		
Loan Payments		
Books & Supplies		
Total:		

Personal Office

	Planned	Actual
Supplies		
Copying		
Postage		
Bank & Credit Card Fees		
Legal Fees		
Accountant		
Total:		

Pets

	Planned	Actual
Food & Supplies		
Veterinarian		
Grooming		
Total:		

Travel

	Planned	Actual
Total:		

Entertainment

	Planned	Actual
Music		
Movies & Rentals		
Concerts, & Theater		
Museums		
Sporting Events		
Hobbies & Lessons		
Clubs & Memberships		
Software & Games		
Total:		

Gifts

	Planned	Actual
Total:		

Donation

	Planned	Actual
Total:		

Other

	Planned	Actual
Total:		

Total

	Planned	Actual
Total:		

