

A woman with long brown hair and black-rimmed glasses is holding a large rainbow-colored cup to her mouth. She is wearing a brown ribbed top and a patterned jacket. The background is a solid teal color.

WEEKLY EXPENSE TRACKER



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ONE WEEK EXPENSE TRACKER

Use these daily expense trackers to record what you buy each day for one week.

Tips:

- Choose a way for tracking what you buy that works for you—everyone is different.
- For example, you could take the sheet with you and write down your purchases as you make them -or- you could collect your receipts throughout the day and record them all at once every evening at the same time.
- If you prefer, you can also use software and on-line applications to track your transactions.
- The most important thing is that you are able to see **everything** you buy in one week, so you can see where your money is going.
- Track what you buy 4 weeks in-a-row: you can use your info to build a more realistic monthly budget.

Sunday Expenses

Expense	Category	Cost
		Total

Monday Expenses

Expense	Category	Cost
		Total

Tuesday Expenses

Expense	Category	Cost
		Total



Wednesday Expenses

Expense	Category	Cost
Total		

Thursday Expenses

Expense	Category	Cost
Total		

Friday Expenses

Expense	Category	Cost
Total		

Saturday Expenses

Expense	Category	Cost
Total		

